 NEWSLETTER

# **AUGUST-SEPTEMBER 2024**

Meet: Mondays @ 10am Keilor Sports Club.

Old Calder Highway, Keilor

Club Patrons: Tony and Warwick Borello

**33**

PO Box 99, Keilor

www.keilorlife.com

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| **Carer**: Judith Cave 0408 301 057 | **Web *Master***: [t.withers47@bigpond.com](mailto:t.withers47@bigpond.com) | *Photographer*: Dianne Robinson 0438 242 512 |

***PRESIDENT’S MESSAGE AUGUST 2024:***

When you receive this newsletter, we will be on the right side of winter, and can welcome all our friends’ home from warmer States. The only thing to miss will be the welcoming fire in the club rooms, however, roll on summer.

Our relocating of activities during the club house renovations has been an absolute revelation. I did not know there were so many people who are not community minded and think Seniors are past their used by date. (I have got news for them)

We are grateful to the following kind volunteers who have listened to our needs and have given us access to space in their venues whilst we are homeless. Thank you to The Keilor Bowls Club, Uniting Church Keilor, and Arundel Farm, your support of KLAC allows us to continue fulfilling our mission and serve the senior people in our community.

To all our club members, the changes will occur the first week in October 2024, there will be new starting times and venues for your activity. The changes will be in the next newsletter and if in doubt our committee will assist you.

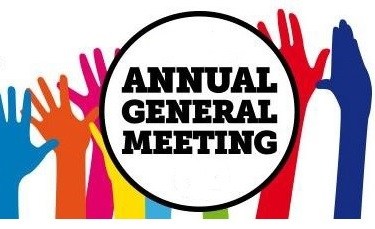
Enjoy the beautiful blossoms that announces Spring is here.

Keep well,

*Joan*

*“Kindness makes a fellow feel good whether it's being done to him or by him.”*

***AGM – Monday 19th August – 11.00:***



**Club Supporters**

We gratefully acknowledge the ongoing support of:-

Warwick Borello - Accountant

Office of Natalie Hutchins MP – Newsletter Printing

A picture containing text, font, graphics, typography

Description automatically generated***pines love, grace & gratitude.”***



Sympathy Cards have been sent out to the Family of Heather Frew, and to Lyn Fincher.

A Get Well card to one of our wonderful gold Members namely Ruth Banford, who is not keeping well. Our Best wishes to all our Members who are not keeping good health at this time.

**Judith Cave**

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The committee and members would like to take this opportunity to welcome, Janette Spencer, Faye Absalom Cheryl Carter, Lisa Seitz. We hope they will join us in any of our many activities that we offer.

***Theatre Enthusiasts:***

***All these shows are pensioner/concession.***



**SIX THE MUSICAL – Comedy Theatre**

**Wednesday 2nd October – 3.00pm**

Cost: $90

**SHOW RUNS FOR 80 MINUTES –**

**NO INTERVAL**

**Please confirm and pay by 12th August**

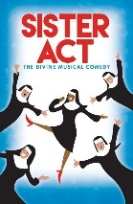


**TINA THE MUSICAL** – **Princess Theatre**

**Wednesday 6th November 2024 – 1.00pm**

Cost: $90

**Please confirm and pay by 2nd September**



***SISTER ACT -Regent Theatre***

***Wedesday15th January 2025***

Cost: $70

***Please confirm and pay by 25th November***

***Please note change of payment date***

***“SHOWTIME”   Bring on the Dancing Girls:***

A couple of weeks ago, our members were entertained by our very own dancing girls , all dressed up and ready to dazzle!   There may have been a few “nerves” on the day, but they did brilliantly, and we hope a hot bath took care of any aches and pains afterwards.  It’s almost a cast of thousands which just shows how many girls are keen to get up and give it a go and enjoy fellowship afterwards with a cuppa!   “Age shall not weary them.”

The performance was followed up by a scrumptious afternoon tea, we have some great cooks, delicious.

A golf ball and golf clubs

Description automatically generated**Klac Golfing News**

***Chorus Line News:***

The golfing activity is continuing albeit without a permanent convener. If there is anybody out there who is willing to put their hand up and become the head honcho of the KLAC Golf Activity, please let our president know.

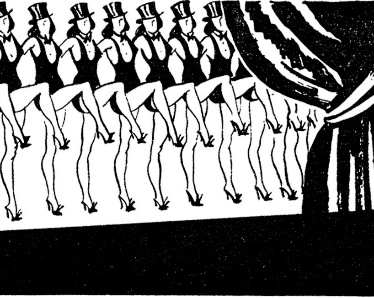
A hardy core of players continue to turn up each Tuesday to try and hit that little white ball as far and as straight as possible. Whilst that is the theory the execution does not always align with the theory.

However, the walk is beneficial, and it keeps the blood flowing on these cold mornings.

Whilst the weather has generally not been favourable over the past few months, we do have a core group that brave the conditions and face the elements on a regular basis.

If you are keen on having a hit, we hit off at 10:00 am on a Tuesday morning.

Players need be there no later than 9:45 am so that they are prepared and ready to hit off at 10:00 am. Our regular players will organise the groups on the day. You have the choice of playing 9 or 18 holes.



***When Days are Dull and Dreary***

***When we Feel Flat and Weary***

***What can we do to make us Cheery***

***Xmas in July***

28 ladies donned bonnets, bows, and baubles and joined in for some fun and laughter and a great afternoon 6 were missing due to dodgy hips, bonky knees, wheezy chests, and dribbling noses, etc, and 5 were under sunnier skies.

We also needed a little “Dutch Courage” as we were unleashing our chorus line spectacular the following Monday, for this we supplied: **Dazzling Entertainment - Sumptuous Supper - Free Entry**

A collage of photos of people

Description automatically generatedNo wonder we were asked for an encore.

Thank you to Di for not only being our incredibly patient teacher but also out very dear friend. Thank you chorus line ladies for making my job as Convener such a pleasure.





***Knitters Knitters***---Thank you to our members who have knitted “TWIDDLE MUFFS”, they are just wonderful. There is no final date to have them finished, (if you are still planning to knit one). We are making enquiries as to where and when we can give these to some Nursing Homes.



***Bus Trip:***

**FRIDAY 22ND NOVEMBER BUS TRIP TO THE FORT AT QUEENSCLIFF**:

(FERRY FROM SORRENTO TO QUEENSCLIFF

**Date: Friday 22nd November 2024**

**COST $70**

Depart from car park Keilor hotel 7.30am

Arrive back Keilor approx. 4.30pm

**It is essential that we leave at 7.30am**

**we must meet the ferry on time they do not wait.**

Ferry from Sorrento to Queenscliff

Morning tea on ferry (at own cost)

Tour of the fort and museum

Lunch at Ocean Grove Bowling Club (2 course seniors meal)

Depart Queenscliff 2.30pm

Arrive back at Keilor approx. 4.30pm

***PLEASE NOTE: The list will not be out for the Bus Trip until Monday 26th August***

***Dine Out: Friday 16th August 12.30***

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***Riverside Bar & Bistro***

***75 Newsom Street, Ascot Vale***

List will be out at the activity table

***Dine Out: Friday 20th September 12.30***

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***Arundel Farm Estate***

***321 Arundel Road, Keilor***

*List will be out at the activity table*



***KEILOR SPORTS CLUB***

***CLUB ROOMS REDEVELOPMENT***

***COMMUNITY FUNDRAISER***

As you may be aware, we're closing in on commencement of construction for the Keilor Community Sports Club new rooms on October 1st.

To support, the Keilor Sports Club is leading a Community Fundraiser with all funds raised being directed towards internal fittings and furniture within the new rooms. This presents a one-off opportunity to permanently stamp your family or business name into the club’s future history via engraved pavers. These pavers will be set across the front of the new rooms and be a lasting and prominent part of the Keilor community social rooms.  Please see the attached and below link for further details and chance to register in this awesome opportunity.

All fundraiser details, including recognition is listed below, including link to our go fund me page:

<https://gofund.me/9f7487ba>.



**Monday 10.00am- 2.00pm**

**Activities include coffee/tea/chat**

**Register for outings/activities/special events**

1st Monday of Month Committee Meeting /Chair Aerobics 12.00 / Bingo

2nd Monday Month Hip Hop

3rd Monday Month Trading Table / Books / Raffles /Bingo / Hip Hop

4th Monday Speaker / Hip Hop

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| **OUR CONVENERS** |
| **MONDAY** |
| ***Ukulele***  – 10-11.00am – Judy Waterhouse 0438 142 700 |
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| **TUESDAY** |
| ***Tai Chi*** – 10-11am Judy Waterhouse 0438 142 700 |
| ***Golf*** – 9.30am for 10.00am start (Keilor Public Golf Course) |
|  |
| **WEDNESDAY** |
| ***Chorus Line*** – 10-11am – Vivian Scarr 0417 120 069 |
| ***Walking Football*-** (Keilor Basketball Stadium) 1.00pm |
|  |
| **THURSDAY** |
| ***Thursday Tai Chi*** - 9.30am - Georgina Hall 0418 124 890 |
| ***Bike Riding*** *– 10.00am* - Judy Waterhouse 0438 142 700 |
|  |
| **FRIDAY** |
| ***Nordic Walking/Walking*** (Brimbank Park) 9.30am Jill Kriechbaum 0431 182 713 |
| ***Social Coffee and Chat*** (Brimbank Park) 10am Fran Robins 9390 4625 (1st Friday) |
|  |
| **SATURDAY** |
| ***Early Bird Breakfast*** (Café Brimbank Park) 9.00am Kerrie Hallows 0415 133 554 (Last |
| Saturday) |

**Chair Aerobics** - 1st Monday of the 12.00

**Bingo** – Monday and Wednesday 11.00am

**Hip Hop** – Every Monday 12.30 (Except 1st Monday when there is Chair Aerobics

**Website Master** – Trevor Withers -t.withers47@bigpond.com

**Bus Trips** – Dianne Robinson – 0438 242 512

**Live Theatre** – Norma Cocks – 0407 097 216

**Club Uniforms** –Glenys Adams - 0414 757 632

**Dine-outs** – Maria Rizzas – 0407 865 075

**Trading Table –** Sandra Bennett – 0452 366 380

**Hospitality –** Joanna Sergiou – 0409 182 025

***Debit Details For any Payments:***

* **Cash payments desk in KLAC Club Rooms**
* **Direct Debit: *MUST include description***

**BSB No. 063 591**

**Account No. 10137201**

**Account Name. Keilor Life Activities Club Inc.**

**\*\*\*PLEASE NOTE: PAYMENT TABLE CLOSES 11.30am\*\*\***