

PUMP IT UP



# TIME: Mondays 12.30pm

# VENUE: KEILOR SPORTS CLUB ROOMS,

#  OLD CALDER HWY, KEILOR

# CONVENER: JENNY KELLY

# BRIEF DESCRIPTION:

* Professional teacher
* Hip Hop and weight exercises
* Warm up and cool down at commencement and end of class
* Tea and coffee provided after class
* Cost: No charge